



Protection Team News

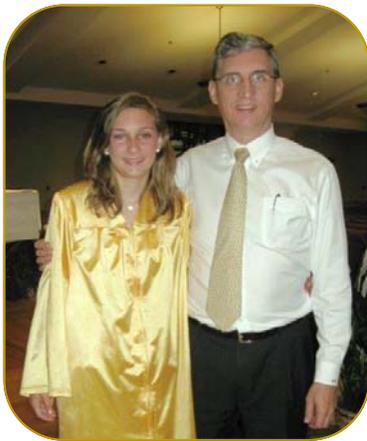


VOLUME 6, ISSUE 6

DEAR FRIENDS,

LINES OF PROTECTION

Wow, what can I say? These past 30 days have been a very busy and emotional time for my family and me. It doesn't seem possible, but Noelle, my oldest daughter, just graduated from 8th Grade! Now I have to admit that I have a High Schooler in the house. It just doesn't seem possible that she has already completed 9 years of school; and in 4 short years, she will be leaving for college. Where did all those days and years go? I can still remember the day she was born and her first day of kindergarten like they were yesterday. Now, she is preparing to go into high school.



Darren and his 8th grade graduate. Congratulations to Noelle!

Melanie and I can't be any prouder of all her academic work, sports, student council, and many other extracurricular activities, both at school, church, and the community. She has truly grown into a fine young lady that has made her parents very proud. I have no doubt she will continue to excel in whatever she does. The hard part has been making the final decision as to where she will attend high school. She was very fortunate to have the opportunity to select which high school she wants to attend and not just told "you will go here." We are proud of how well she has handled her first "big" decision in life with lists of pros and cons. Yes, Melanie and I will assist and help her along the way, but she is getting a taste of what it is like to grow up and make decisions that impact the rest of your life.

Moving on to "insurance" stuff, we have just begun the longest 6 months of the year. Yes, I am talking about Hurricane Season. While all of the forecasters are predicting a quieter season, it only takes one storm to ruin it for all of us. Let's just hope that we get either stronger upper winds to shear any storm or a big Bermuda High to block the State of Florida. Although I enjoy the warm summer weather and outdoor activities, I look forward to Halloween so we know we have survived the prime time for storms. Please take the time to make sure you have your storm plan and supplies updated BEFORE anything happens.

Lastly, I don't want to mention it, but I have to say something about our underperforming Rays. What started out so promising has taken a turn for the worse. And I mean the worse - as in the worst record in MLB right now. I can't figure out what has happened to their bats, but they need to find them quickly or we will not be able to get 60 wins this season. Is it time for the All-Star break yet?

Until next month,

Darren

- Antique Vehicles
- Annuities
- Auto
- Boat/RV
- Bonds
- Builders Risk
- Commercial Auto
- Commercial Property
- Condo
- Dental
- Disability
- Employee Benefits
- Flood
- General Liability
- Health
- Home
- I.D. Theft
- Life
- Mobile Home
- Motorcycle/Jet Ski
- Notary Public
- Umbrella
- Workers' Comp

...And More!



Independent Insurance Agent

It's Back...Hurricane Season

Hurricane season starts June 1st through November 30th. It is time to stock up on your hurricane supplies, prepare for this season, and protect yourself, your family, and your property. The hazards of a hurricane come in many forms, including storm surge, heavy rainfall, inland flooding, high winds, tornadoes, and rip currents. The National Weather Service is responsible for issuance of timely watches and warnings, but it is essential that your family be ready before a storm approaches. Prepare a plan and know your evacuation zone! Find information on how to be prepared for these hazards by downloading a guide at:

<http://www.nws.noaa.gov/os/hurricane/resources/ropicalCyclones11.pdf>

Kids can also get involved with planning and safety by visiting:

<http://www.ready.gov/kids>

For those who track those hurricanes, you can download your free tracking chart online at:

http://www.nhc.noaa.gov/pdf/tracking_chart_atlantic.pdf

Be safe, be prepared! Give us a call to make sure that you have adequate insurance for this hurricane season!



2014 North Atlantic Storm Names:

Arthur	Laura
Bertha	Marco
Cristobal	Nana
Dolly	Omar
Edouard	Paulette
Fay	Rene
Gonzalo	Sally
Hanna	Teddy
Isaias	Vicky
Josephine	Wilfred
Kyle	



Weather Services International forecast the 2014 hurricane season, calling for 11 named storms, 5 hurricanes, and 2 major hurricanes.



Are You Serious??

You can't make up this stuff! Check out these hilarious and true insurance claims. Get ready to laugh and be happy that it wasn't you... or was it?



- A man lost his bag while traveling, but when the claim came through all he was claiming was a bottle of water, a newspaper, and a packet of mints.
- A dog owner wanted to submit claim for an operation that his pooch needed while he was away on vacation and it was being looked after by a friend. He was advised to refer to his pet insurance, but he seemed to think that it should be covered under his travel insurance policy as he was away when the procedure took place.
- I pulled in to the side of the road because there was smoke coming from under the hood. I realized there was a fire in the engine, so I took my dog and smothered it with a blanket.
- I didn't think the speed limit applied after midnight.

Words to live by...

*If we are facing in the right direction,
all we have to do is keep on walking.*

-Buddhist Saying



	2	3						6
		5					9	7
				9				
5		4		8				3
						9	6	
8				7				2
7	4			5			1	
		2	1	4				
			3					

Sudoku

How to play; Enter a digit from 1 through 9 in each cell, in such a way that: Each horizontal row contains each digit exactly once, each vertical column contains each digit exactly once, and each sub grid or region contains each digit exactly once.

Submit your answers to us for a chance to WIN a \$10 gift card to Starbucks. Email, fax, or mail your answers. Winner will be announced in next month's newsletter! Fax: 727-577-4991 or email: newsletter@vermost.com

SUBMIT ENTRIES BY: 7/11/2014

May's Puzzle Winner:
Maureen Powell



Vermont Welcomes:
MARK ST. CLAIR

Mark St. Clair joins Vermont Insurance Agency, as an addition to our Personal Lines Department.

Mark is originally from Columbus, Ohio, and moved to Florida in 1992. He has 2 children and 8 grandchildren.

Mark enjoys playing disc golf, traveling to new places, educating others about the benefits of a healthy nutritional diet, and most importantly, keeping alive the memory of his wife.

Mark is famous for his spaghetti and was even a drummer in a few bands back in his youth!

Favorite quote: "You get out of life what you put into it."

HOMEMADE



EAT WELL
FEEL SWELL

HEALTHY

Submitted by: Kathy D.

Dish Name: Spaghetti Squash

Dish Type: Low-Carb Meal

- Ingredients:
- 1 cooked spaghetti squash, halved, seeds removed
 - 2 Tbsp. olive oil
 - 1/2 cup chopped onion
 - 1/4 tsp. dried oregano
 - 1/2 cup chopped green pepper
 - 1/4 tsp. dried basil
 - 1/2 cup chopped tomatoes
 - 1 garlic clove, chopped
 - 2 Tbsp. butter

Directions: Cook squash until done using method you prefer (bake, boil, steam, microwave). I prefer to bake squash at 450 degrees for about 30 minutes. Cut into halves and bake face down on baking sheet. Spread each half with olive oil before baking. When squash is nearly done, sauté onion, green pepper, and garlic in olive oil until tender. Stir in tomatoes, oregano, and basil and simmer for 5 minutes. Shred squash with fork in shell. Toss with butter. Spoon mixture on top of squash, keeping all ingredients inside the squash halves. Add salt or Parmesan cheese (if desired).



Your Protection & Peace of Mind Is Our Only Business

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"A show of hands please...how many of you had the foresight to purchase flood insurance?"



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JUST KEEP TALKING

Thank you for referring your friends, family, co-workers, and acquaintances to our agency recently.

Thanks to you, our Vermost Insurance family keeps growing!

Tony Johncola
Heidi Blair
Raymond Watts

Justin Dean
Heather Knoppe
Christina Cashman

Sheri Nymark
Jeannette Morris
Mary Jo Arnold

Linda R. Chamberlain, P.A.
Heidi Blair—again!

Referrals
See Details
Inside



Raymond Watts is May's Gas Card Winner! Congrats Raymond!



Father's Day always worried James. He was afraid that he will get a gift he can't afford.

My dear old dad always said he had two big disappointments in life: the dog ran away and I didn't.

Poor dear father was heard saying to his friend, "My kids don't value my sense of humor." On asking why, my dad sadly lamented, "It shows in the Father's Day card they bought me, which says 'Get Well'."

My son wants 50% of my Father's Day gifts. He says if it weren't for him, I wouldn't even be a father.



"When I was a boy of fourteen, my father was so ignorant I could hardly stand to have the old man around. But when I got to be twenty-one, I was astonished at how much he had learned in seven years."—Mark Twain

"Fatherhood is pretending the present you love most is soap-on-a-rope."—Bill Cosby

"To be a successful father... there's one absolute rule: when you have a kid, don't look at it for the first two years."—Ernest Hemingway

"It kills you to see them grow up. But I guess it would kill you quicker if they didn't."—Barbara Kingsolver